

Work at Height

Work at height is work in any place, including a place at, above or below ground level, where a person could be injured if they fell from that place.

- A work at height permit is required where edge protection cannot be provided, is not viable or needs to be removed. A permit is also required for the use of ladders where 3 points of contact cannot be maintained.
- Ensure work at height activities are planned, organised, and carried out by a competent person.
- Always select the safest work equipment as required and approved by the PSCS, i.e. collective fall protection over individual.
- All work at height plant and equipment must be certified for use (GA1), must be inspected before use and recorded weekly (GA2/GA3).
- A site specific emergency plan should be in place to ensure safe rescue.

S|A|F|E|

Stop and Think 'What are the hazards in this scenario?' 'What could go wrong?'

Assess the task, the work area, and the equipment.

Follow the procedures, protocols, and method statement.

Engage with your supervisor if an aspect of the task changes and requires deviation from the plan.